

# Bloomfield BUZZ

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- 3 Affordable home repairs available to qualified residents
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- 10 Sixteen low-cost/no-cost health screenings offered this winter by the Bloomfield Nursing Division



January-April 2014

## PROUD to be YOUR NEW MAYOR!

*A message from  
Mayor Michael Venezia*

**R**olling up my sleeves and getting down to business – that’s my goal as Mayor of Bloomfield Township for the next three years. And while I know the job won’t be easy, I am eager and honored to take on the challenge.

In this, my first letter to the Township, I’d like to share my vision for the job ahead, so I offer a menu of projected aims for the coming term.

First, though, a nod to my running mates on the town council – Joseph Lopez, Wartyna “Nina” Davis and Carlos Pomares – and to veteran council members Eli Chalet, Nick Joanow and Carlos Bernard. To each of you, I look forward to the respectful opinions and teamwork that will contribute to positive change in Bloomfield.

Another nod to our Township Administrator Ted Ehrenburg. A year ago, I strongly advocated for Ted’s appointment because I knew Bloomfield needed an experienced hand running day-to-day operations. Ted brought us prior experience not only as a town administrator but as a police chief as well. His seasoned

judgment will be a boon to our new administrative agenda.

All of that said, here are my goals for establishing a new culture of proactive (not reactive) government in Bloomfield:

**Restructure Operations for Departmental Efficiency** and ask all department to reduce their budgets by 5%.

**Stabilize Taxes** in part by sharing services with other towns and with the Bloomfield Board of Education. At the same time, we must diligently pursue all available federal, state and county grant opportunities to maximize our funding.

**Continue Pushing the Redevelopment of Bloomfield Center**, which so far has generated \$350 million in private investment. To keep the project on track, I intend to see that all deadlines are met while ensuring that our development choices are the ones that most benefit our citizens.

**Neighborhood Character and Environmental Impact** are important concerns in township development projects. My administration will work closely with groups like the Bloomfield Open Space Trust Committee, Bloomfield

Historic District Review Board, the Bloomfield Neighborhood Association Committee, and the Third Riverbank Association to ensure that our development decisions are responsible. We believe closer alliances will prevent faulty ideas like the Lion Gate development proposed for a flood prone area.

**A Quality-of-Life Task Force** will be initiated to address potholes, broken street lights, panhandlers, graffiti, unkempt properties, broken signage, unclean streets, noise, air pollution, water quality and more.

• A custom smartphone, web, and telephone reporting program will be adopted so

that residents can easily report quality-of-life issues.

• All Bloomfield employees will be trained to “say something if they see something” – meaning they will learn the importance of reporting quality-of-life issues observed while carrying out their normal duties.

**Proactive Policing** means paying attention to small nuisance complaints as a way to decrease more serious

*Turn to New Mayor, page 3*

## Chronic disease frequency and more reported in Bloomfield health survey

The most widely reported chronic disease in Bloomfield Township is high blood pressure, but it doesn’t stand alone. Other frequently reported infirmities include diabetes, asthma and lung disease. Chronic disease incidence was among the findings of a random telephone survey conducted last spring by the Bloomfield Health Department, part of an ongoing community health assessment. **Read more, page 10.**

## Permits for Glenwood Village parking now available

You may have noticed the new downtown parking garage and colorful banners announcing its opening.

With 468 parking spots, the garage will be the centerpiece of the mixed-use residential development now under construction in the three-acre "transit village" development known as Glenwood Village. When completed, the village will contain 50,000 square feet of retail space, 10,000 square feet of restaurant space, and 224 residential units.

While construction continues on the retail and residential components, parking is now available to local residents and out-of-town commuters using the Montclair-Boonton train line. The lot is managed by the Bloomfield Parking Authority, which also manages, maintains, and enforces all municipal parking, meters and permits.

Monthly permits for parking in the new garage are available for Bloomfield residents at a reduced fee of \$45 per month. Daily parking is always available for \$4 per day. For more information, call the BPA at (973) 680-8960. ❁



## Nixle emergency notification comes to Bloomfield

Bloomfield residents can now sign up to receive emergency notifications and vital health-related information from the Township via text, e-mail and web access.

The cost-free community information service, Nixle, connects municipal agencies to residents in real time, delivering information to registered consumers. The information can be relayed to a targeted neighborhood or to the entire community, depending upon the message. Applications include hazardous situations, crowd control, traffic and event management, missing and wanted individuals, or community outreach.

To sign up for the service, go to [www.nixle.com](http://www.nixle.com). Or, for registration assistance, contact Michael Hodges at the Department of Health & Human Services, (973) 680-4024 or [mhodes@bloomfieldtnj.com](mailto:mhodes@bloomfieldtnj.com). ❁

## Homestead rebate filing date extended

Eligible New Jersey residents who forgot to file for property tax rebates by Nov. 22 have been given a second chance. The deadline to apply for 2012 homestead rebates has been extended to Dec. 31.

Rebates will be distributed in 2014. To be eligible, those under 65 must be paying property taxes on a primary residence in New Jersey and have a household income of \$75,000 or less. For senior citizens, the income threshold is \$150,000.

For more information, homeowners may call the NJ Division of Taxation, Homestead Benefit Hotline at (888) 238-1233 from 8:30 a.m. to 5:30 p.m., Monday through Friday. Or visit [www.state.nj.us/treasury/taxation/homestead/geninf.shtml](http://www.state.nj.us/treasury/taxation/homestead/geninf.shtml). ❁

## 2014 Rules for Holiday Recycling

**What to do with your disposables on these holidays:**  
*New Year's Day, Memorial Day, 4th of July, Labor Day, Thanksgiving, Christmas*

■ **Garbage** – If your normal garbage day falls on one of the above holidays, expect only one pickup that week.

■ **Curbside Recycling** - If your normal recycling day falls on a holiday, expect no pickup of items normally recycled that day. Instead, bring the items to the DPW Yard at 230 Grove Street on the following Saturday.

■ **Holiday Recycling Accommodation** - On the Saturday after any designated holiday, recycling hours at the DPW Yard will be extended from 9 a.m. to 3 p.m. (For recycling only, not garbage.)

## You may qualify for valuable assistance

Low-income individuals and families can be screened by the Health Department to determine their eligibility for various assistance programs, including food stamps, local food pantries, utilities assistance, prescription assistance, and limited rental/mortgage assistance.

Residents can alternatively obtain screenings through the Mobile County Welfare Van stationed in front of Town Hall once each month. For home-bound seniors and disabled residents, benefit screenings can be provided in the home.

Call the department for details. ❁

## An extra hand for seniors and disabled residents

The Neighbor to Neighbor Network helps Bloomfield's senior citizens and people with disabilities through the Friendly Visitor Program. Visitors provide companionship and help with errands such as grocery shopping. If you'd like to volunteer, or if you know someone who could use assistance, call (973) 680-4017. ❁

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## Think you may have high blood pressure?

If so, here's what you should know . . .

Blood pressure is one of the body's principal vital signs. It is the force exerted by blood circulating upon the walls of blood vessels. The force varies throughout the day, but if it remains high, it can put you at risk of heart disease or stroke, two leading causes of death in the U.S.

The following chart from the Centers for Disease Control explains blood pressure ranges.

Blood Pressure Levels	
<b>Normal</b>	systolic: less than 120 mmHG diastolic: less than 80mmHG
<b>At Risk (Prehypertension)</b>	systolic: 120-139 mmHG diastolic: 80-89 mmHG
<b>High</b>	systolic: 140 mmHG or higher diastolic: 90 mmHG or higher

If you have high blood pressure (also known as hypertension), your doctor may prescribe medication to help you keep it under control, but you can take action yourself to maintain a normal blood pressure: maintain a healthy weight, eat healthfully, be physically active, limit alcohol use, don't smoke, and manage or prevent diabetes.

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## Affordable home repairs available to qualified residents



If you own a one-to-three family dwelling and you live in the home, you may qualify for assistance from the Bloomfield Residential Rehabilitation Program.

The program assists homeowners in the Township with eligible repairs or replacement of major systems including roof, electrical safety upgrades, heating, plumbing, sanitary plumbing, weatherization (energy efficient windows, insulation, etc.), lead paint remediation and/or structural repairs.

Assistance is provided in the form of a ten-year, interest-free loan of up to \$22,000 for the homeowner unit, and up to \$10,000 for each additional rental unit. Housing specialists and professional inspectors work with homeowners to identify needed repairs and monitor construction.

There is no monthly payment and the loan is fully forgiven if the homeowner maintains title and occupancy for 10 years.

If the property is sold or transferred during the 10-year period, the loan will be due for the exact amount borrowed with no interest.

Program eligibility is mainly based on household income. The maximum allowable income ranges from \$45,100 for a one-person household to \$85,050 for an eight-person household. All homeowner financial information is kept confidential.

Rental units improved by the program must be affordably rented to low- and moderate-income families for the 10-year period.

The Residential Rehabilitation Program is administered by Community Grants, Planning & Housing, a private consulting firm. Funding comes from the Community Development Block Grant Program and is available until all funds are expended.

For more information, income guidelines, and to get onto the program waiting list, visit [www.cgph.net](http://www.cgph.net), call (609) 664-2783, or send e-mail to [gina@cgph.net](mailto:gina@cgph.net). Local general contractors are encouraged to get an application for construction opportunities at [www.cgph.net](http://www.cgph.net). ❁

## New Mayor *Continued from page 1*

crimes. My administration will work closely with our police chief to develop a proactive culture.

- One step will be follow-up on the nonbinding referendum to create a police sub-station in the third ward.
- We also aim to provide our police with updated technology.

**Township Job Openings** occur from time to time and we promise to give Bloomfield residents priority consideration.

**Township Events** such as Bloomfield Restaurant Week and Shop Bloomfield go a long way toward building town pride and we are committed to their promotion.

I hope you agree with this agenda and that you will provide related feedback. I will welcome your thoughts at any time, whether in person, via e-mail or telephone. If it's important to you, it's important to me. ❁

*With warm regards,  
Mayor Michael Venezia*

## BLOOMFIELD RECREATION DEPARTMENT

(973) 743-9074 • [www.bloomfieldrecreation.org](http://www.bloomfieldrecreation.org)

### 2014 Winter Programs

Dates and times for all Bloomfield Recreation winter programs are listed on the department website. Registration is required and will begin on Wednesday, Dec. 11 at the Bloomfield Civic Center, 84 North Broad Street. Sign-ups will continue throughout the winter.

In-person registration takes place Monday through Friday, 8:30 a.m. to 4:30 p.m., and Wednesday from 6 p.m. to 8:30 p.m. For online sign-up, go to [www.bloomfieldrecreation.org](http://www.bloomfieldrecreation.org). (Recreation now accepts Visa and Mastercard.)

#### Adult Fitness (18 and up)

- Cross-fitness
- Hula Hoop
- New Year, New You
- Pilates
- Yoga
- Zumba

#### Art

- Children's Art, grades 1-6

#### Baton

- Pre-K and older
- Competition Groups A & B (A, B levels determined by experience)

#### Bowling

- Pre-K to high school

#### Hip-Hop Dance

- Ages 6-12

#### Intro to Magic

- Grades K-6

#### Junior Fitness

New program, call for details

- Grades 1-3

#### Karate

Students are grouped in four categories:

- New students, ages 5-8
- Returning white belts with stripes, ages 5-8; and new students, age 9 or older
- White belts with stripes, age 9 and older
- All colored belts

#### Little Fitness

- Pre-K, age 4 and kindergarten

#### Music

- Intro to rock instruments, ages 4-6
- Intro to guitar, age 10 and older
- Intro to keyboards, age 7 and older

#### Pee Wee Basketball

- Grades 1-3

#### Tumble Tots

- Ages 18-36 months

#### Gymbble Tots

- Age 4 (continuation of Tumble Tots)

#### Adult Open Gym Basketball

The Thursday program at Bloomfield High School runs from 8 p.m. to 9:45 p.m., for Bloomfield residents only. Season passes are \$35 with valid photo ID. Available at the Civic Center or the high school gym. Find dates online.

#### Men's Adult Basketball

Men 18 and older are invited to form a team in the adult league. Games will be played Monday to Thursday evenings at Bloomfield Middle School, from mid-January through March. For details, call (973) 743-9074.

#### Adult Open Volleyball

Tuesday games at Oak View School run from 8 p.m. to 9:30 p.m. Age 18 or older. No pre-registration required.

### Learn the full potential of your camera

The Bloomfield Camera Club meets every Wednesday at 7 p.m. in the Bloomfield Civic Center. People of all experience levels are welcome. Bring your camera and manual and learn about portrait, sports and wedding photography as well as everyday shots. Participants will learn how to use their cameras to their full potential. For details, contact Otis Sullivan at [otidsullivan@verizon.net](mailto:otidsullivan@verizon.net), or call the Civic Center at (973) 743-9074.

### Sign up for summer art classes

Art classes will be held at the Civic Center Jan. 6 to March 10 and March 17 to May 19. Summer sessions will be announced at a later date. Classes are for teen/adults and children. Contact BAL at [Bloomfieldartleaguenj@gmail.com](mailto:Bloomfieldartleaguenj@gmail.com) or [www.bloomfieldtwpnj.com/recreation/bloomfield-art-league](http://www.bloomfieldtwpnj.com/recreation/bloomfield-art-league).

### Runners, save the date

Pull out your new 2014 calendar and turn to June. The Investors Bank Sunset Classic will take place Thursday, June 26, as a benefit for the Bloomfield Educational Foundation and the V.E.S.T (Vocational Educational Special Training) program. Emerging details will be posted at [www.thesunsetclassic.org](http://www.thesunsetclassic.org).

### Need a little kick to quit?

In the past year, careless smoking of cigarettes and cigars has caused numerous building fires, according to Bloomfield Fire Official Samuel Infante.

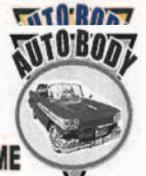
Smoking materials do not self-extinguish, and when carelessly thrown around buildings they become a hazard to life and property.

Smoking is the number one cause of fire deaths in U.S. homes, killing about 1,000 people every year. Here are some facts you should know:

- People close to where a smoking-material fire starts are harder to save because the fire spreads so fast.
- Most fires caused by smoking materials start on beds, furniture, or in trash.
- Recent statistics showed that 34% of victims are children of smokers.
- Another 25% are neighbors or friends of smokers.
- One in four people killed in home fires is not the smoker whose cigarette caused the fire.



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## United Way of Bloomfield launches Annual Giving Campaign

A warm coat, a suit and tie to start a new job, a nutritious meal, a new backpack full of school supplies or a week at summer camp ... just a few things that many take for granted in everyday life. But these are real examples of assistance that the United Way of Bloomfield has provided to local residents in need. With your contributions to the Annual Giving Campaign, the United Way of Bloomfield will continue to do the work we've done successfully for more than 50 years.

The United Way of Bloomfield is asking everyone to make a commitment to support the 2014 Giving Campaign. Contributions of any



amount will make a difference in our community by allowing UWB to support existing programs and expand into new benefit opportunities.

UWB continues to advocate for Bloomfield's children, elderly, and individuals with special needs.

Please fill out, clip, and return the below form and return it with your check to the address provided. Remember, every donation counts and yours will make a difference in many lives.

For more information on programs or assistance offered by the United Way of Bloomfield, contact Hilary at (973) 748-1732, [hilary@unitedwaybloomfield.org](mailto:hilary@unitedwaybloomfield.org), or [info@unitedwaybloomfield.org](mailto:info@unitedwaybloomfield.org).

### United Way of Bloomfield 2014 Annual Giving Campaign

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Street Address, City, State, Zip: \_\_\_\_\_

Contribution amount: \_\_\_\$50 \_\_\_\$100 \_\_\_\$250 \_\_\_\$500 \$ \_\_\_\_\_ other

Please remit your form and payment to: The United Way of Bloomfield, 385 Broad Street, Bloomfield, NJ 07003

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## You May Need to Move Your Car

The Public Works & Parks Department wants to help you make snow removal around your property as efficient as possible this winter. Some recommendations:

(1.) Homeowners with driveways must remove vehicles from the street until plowing is finished.

(2.) Those without driveways can park in the following lots, after they are plowed:

- School playgrounds (not in facility lots).
- Recreation Department parking lots: Felton Field (Floyd Avenue), Pulaski Park (Mt. Vernon Avenue), Upper Memorial Park (Division

Street), Clarks Pond South (Hobson Street) or Wrights Field (Baldwin Place).

(3.) One or two hours before plowing begins, police with loud speakers will notify residents on snow emergency streets to move their cars to the nearest parking area. Check the snow emergency streets listed on this page.

(4.) Major roadways will be plowed first for emergency access, then secondary arterries. All streets will be plowed.

(5.) Do not shovel snow back into the street when clearing driveways.

**Missed Snow Plowing  
Call (973) 680-4127**

## Snow Removal Tips

- Remove vehicles from the street to improve plowing.
- Parking on your frozen lawn in snow emergencies won't hurt it.
- Leave the last three feet of your driveway (the apron) covered with snow until the plow comes; avoid shoveling twice.
- If you must clear the apron quickly, pile snow on the left side (facing your home) to reduce plow-back into your driveway.

STREET	FROM	TO
Ackerman St (south side)	entire length	
American Way (east side)	entire length	
Ampere Pkwy	Bloomfield Ave	East Orange line
Arlington Ave	Watsessing Ave	East Orange line
Ashland Ave	Maolis - south	dead end
Baldwin St	Broad St (west)	Essex Ave
Barbara St (south side)	entire length	
Bay Ave	Hoover Ave	Glen Ridge line
Belleville Ave	Glen Ridge line	Belleville line
Bellevue Ave	entire length	
Berkeley Ave	Watsessing Ave	Montgomery St
Bessida St (south side)	entire length	
Birch St (south side)	entire length	
Bloomfield Ave	Newark line	Glen Ridge line
Broad St	Bloomfield Ave	Clifton line
Broughton Ave	Bay Ave	Watchung Ave
Chapel Street (south side)	entire length	
Civic Place (south side)	entire length	
Coeyman Ave	East Passaic Ave	Nutley line
Conger St	entire length	
Corsi Rd (east side)	entire length	
Daka Ct	entire length	
Davey St	Belleville Ave	North Forest Glen School
Dewey St (south side)	entire length	
Dodd St	Watsessing Ave	East Orange line
Douglas St (east side)	entire length	
East Passaic Ave	James St	Hoover Ave
East Passaic Ave	Nutley line	West Passaic Ave
Elston St (south side)	entire length	
Farrand St	Washington St	Ward St
First Ave	Newark line	East Orange line
Fitzherbert St (north side)	entire length	
Franklin St	Belleville line	Broad St
Fritz St, South	entire length	
Garrabrant Ave	West Passaic Ave	northerly line
Glenwood Ave	entire length	East Orange line
Grove St	Watsessing Ave	East Orange line
Hobson St (south side)	entire length	
Hoffman Blvd	Arlington Ave	East Orange line
Hoover Ave	Belleville line	Bay Ave
Howard St (south side)	entire length	
Hudson Place (south side)	entire length	
James St	Broad St	North Spring St
Ketner St (north side)	entire length	
Lackawanna Plaza	Glenwood Ave	Washington St
Liberty St	Williamson Ave	Bloomfield Ave
Lindbergh Blvd	entire length	
Llewellyn Ave	entire length	
Main Terrace South	entire length	
Maolis Ave	Glenwood Ave	Glen Ridge
Maple St	entire length	
Martin St (south side)	entire length	
Montgomery St	Franklin St	Belleville line
Mountain Ave	Broad St	Parkview Dr
Mt. Vernon Ave (east side)	entire length	
Municipal Plaza	entire length	
Myrtle St	Prospect St	Garden State Pkwy
Newark Ave	Franklin St	Belleville line
North Spring St	entire length	
Norwood Place (south side)	entire length	
Oak Tree Lane (east side)	entire length	
Orange St	Franklin St	Myrtle Ave
Palmer St (south side)	entire length	
Park Ave	Broad St	Glen Ridge line
Park St	Broad St	Bloomfield Ave
Parkview Dr	Mountain Ave	Broad St
Pettit St (south side)	entire length	
Pierson St (south side)	entire length	
Pilch St (south side)	Broughton Ave	dead end
Pleasant Ave (east side)	entire length	
Prospect St	East Orange line	Glenwood Ave
Pulaski St (east side)	entire length	
Rector Place (south side)	entire length	
Sampson St (south side)	entire length	
Sandra Lane (east side)	entire length	
Scott Rd (south side)	entire length	
Spruce St	Montgomery St	Maple St
State St	Bloomfield Ave	Broad St
Stone St (south side)	entire length	
Sylvan Rd	Lindbergh Blvd	Garrabrant Ave
Tomar Ct (south side)	entire length	
Union Place (south side)	entire length	
Walnut St	Montgomery St	Liberty St
Walter St (south side)	entire length	
Ward St	entire length	
Washington St	Franklin St	Glen Ridge line
Watchung Ave	East Passaic Ave	Glen Ridge line
Watsessing Ave	Newark Ave	Dodd St
West Passaic Ave	Broad St	Nutley line
Willet St	Belleville Ave	Belleville line
Williamson Ave	Montgomery St	Belleville Ave

**If your car is parked on one of these streets (or street sections) during a snow emergency, it could be towed away by police.**

# Scheduled Recycling Services

**Public Works Yard, 230 Grove Street**  
 Open Saturdays, 9 a.m. - 1 p.m. for recycling drop-off

◆ **Hazardous Waste Day**  
**Sat., May 3, 8:30 a.m. - 4 p.m.**  
 125 Fairview Avenue (next to the old hospital center) in Cedar Grove. Bring driver's license to prove residency. For details, call (973) 857-2350.

◆ **North End Electronic Recycling, Saturdays, Jan. 11, May 17 and Sept. 20, 9 a.m. - noon.** Brookdale Christian Church. Discard computers, printers, monitors, wires, cables, keyboards, mouse devices, telephones, TVs, VCRs, DVD players, stereos, small appliances.

◆ **Paper Shredding Events**  
**Sat., May 10 and Oct. 18, 9 a.m. - 1 p.m.** Residents only. Municipal lot next to the post office.

### Leaf bag pickup suspended

From Jan. 1 through March 31, DPW & Parks will not pick up biodegradable leaf bags. Instead, Christmas trees, potholes and other priorities will be handled during that time.

## General Recycling Services

■ **Metals and Appliances** - Appointment required. Call no later than 3 p.m. Monday for a Tuesday pickup.

■ **Bulky Items** (e.g., furniture, carpeting, mattresses, cans of dried-out paint) - Collected in all zones on the second weekly pickup day. Maximum three pieces per household per pickup. (No call necessary.)

■ **Plastics, Cartons** - Commingled recycling includes all plastics stamped numbers 1 through 7. Please rinse all.

■ **Window and Mirror Glass** - Wrap in paper and place in double garbage bags. Place the package for curbside pickup on the second garbage day. For extra-large windows or mirrors, use tape.

■ **Household Batteries** - Place AAA, AA and 9V batteries in household garbage.

■ **Motor Oil and/or Antifreeze** - Hold for the Essex County Hazardous Waste Day or take with tires to a local gas station.

■ **Rechargeable Batteries, Cell Phones**

Recycle at Radio Shack, Best Buy, Staples, Target, Office-Max, Lowes, Home Depot, Sears, Walmart or Verizon Wireless. Car batteries are not accepted.

■ **General Recycling Drop-Off** at 230 Grove Street includes all curbside recycling, TVs, electronics, hard-covered books and usable clothing. Drop-offs are Saturdays, 9 a.m. to 1 p.m.

■ **Used Televisions** - bring to the Bloomfield Public Works Yard, at 230 Grove Street on Saturdays only, 9 a.m. to 1 p.m. Do not leave TVs at curbside.

■ **Branch Pickup** - Cut and tie in lengths under four feet and 25 pounds or less. Bundle at curbside on recycling days.

■ **Large Tree Parts** - Lengths not exceeding three feet. Call 680-4127.

■ **Missed Trash Pickup** - Call (973) 680-4009 or (973) 680-4127.

■ **Blue Recycling Bins** - Pick up at 230 Grove Street, Monday to Friday, 8 a.m. to 3 p.m., or Saturday, 9 a.m. to 1 p.m.

### Recycling List Expanded

Commingled recycling — cans, bottles and plastics (#1- #7) — now includes: plastic bags, bubble wrap, shrink wrap, Tetra Pak materials and juice boxes, rigid plastic (such as molded lawn chairs, buckets and toys with no metal parts), aluminum pots and pans, and styrofoam (such as cups, egg cartons and packing materials). Details at [www.bloomfieldtwpnj.com](http://www.bloomfieldtwpnj.com).

### Non-Recycling Services

- **Pothole Repair** - Call (973) 680-4127 to give pothole location.
- **Streetlight Out** - (973) 680-4009. Provide the pole number.

## Curbside Recycling

### JANUARY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### FEBRUARY

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### MARCH

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30	31					

### APRIL

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Shaded Dates:  
Mixed Paper Only

Unshaded Dates:  
Commingled

Report missed pickups at (973) 674-6266

New Years Day, Jan. 1

### What to do when a holiday falls on your normal pickup day

- **Garbage** - expect only one pickup that week.
- **Recycling** - pickup will be canceled. If you wish, bring recycling (not garbage) to the DPW Yard at 230 Grove Street on the following Saturday, 9 a.m. to 3 p.m.

# Bloomfield Public Library

973-566-6200 • [www.bplnj.org](http://www.bplnj.org)

M, T, W: 10am-8pm • Th, F: 10am-5pm • Sat: 10am-6pm (summer closed)

*Events are subject to change without notice and more programs are added all the time. Check website for info.*

## ■ Holiday Closings

- New Year's Day – Jan. 1
- Martin Luther King, Jr.'s Birthday – Jan. 20
- President's Day – Feb. 17 (closing at 4 p.m.)
- Staff Development Day – Feb. 28
- Good Friday – April 18

## ■ Programs

- Monday and Thursday movies, 12:15 p.m.
- Book Club - one Monday per month at 6:45 p.m. Call for topic and date.
  - Financial Book Club and Workshops - Tuesdays, 5:30 p.m. Beginners welcome.
  - Neighbors Helping Neighbors - job-hunting support group, Wednesdays at 6:30 p.m.
  - Knitting Club - Fridays at 11 a.m.
  - Get it Write! - writing workshop, second and fourth Saturdays at 2 p.m.
  - Games – play chess, checkers, Go, Scrabble and more. Bring a friend or meet someone new. Ask about borrowing a game board or puzzle.
  - Computer Classes – one-on-one tutoring in computer basics, e-mail, online searching, Microsoft Office, etc. Sign up for a one-hour session: Mondays, 10 a.m. to noon, or Fridays, 2 to 4 p.m. Current Bloomfield Public Library card required.

## ■ Share Your Talent or Knowledge

If you have a special talent or subject knowledge, consider sharing it at the library. Teach a course, present a free concert, tutor someone. Contact Lisa Cohn at (973) 566-6200, x213 or [lcohn@bplnj.org](mailto:lcohn@bplnj.org).

## ■ Children's Programs

- Pre-K Story and Craft, ages 3-5, Wednesdays, 11 a.m.
- Baby & Me Rhyme Time, infant -18 months, Thursdays 11 a.m.
- Toddler Time Story/Craft, ages 18-36 months, Fridays 11 a.m.
- Open Storytime and School-Age Craft, second Saturday.
- School break programs, February and April, check for details.

## ■ Bloomfield Historical Society

The society's museum located above the Children's Library is open on Wednesdays from 2 p.m. to 4:30 p.m. and Saturdays from 10 a.m. to noon. Call (973) 743-8844 for information.

## ■ Want to Learn English?

If you want help learning English or you'd like to volunteer as a tutor, contact Literacy Volunteers of America, located on the second floor of the Bloomfield Public Library. Call x217 or x225.

## ■ Attend Library Board Meetings

The Bloomfield Public Library Board of Trustees meets on the first Wednesday of every month at 5:30 p.m. Meetings are open to the public.

## ■ Passports

The Essex County Clerk's Outreach program comes to the library on the fourth Wednesday of every month from 2 p.m. to 8 p.m. Patrons must bring all required documents and fees. For details, call the County Clerk's Office at (973) 621-2921, or visit [www.essexclerk.com](http://www.essexclerk.com).

## ■ Support Your Library

- Donate new or lightly used books, DVDs, CDs or a newspaper or magazine subscription.
- Join the Friends of the Library. Application at [www.bplnj.org/friends.html](http://www.bplnj.org/friends.html) or in person at the library. ❁

## **Take a tour of historic Bloomfield**

The Historical Society of Bloomfield will present a free "Tour of Bloomfield Historic Sites" on Tuesday, Mar. 25 at 7:30 p.m. at the Bloomfield Civic Center, 84 Broad Street.

The tour includes Bloomfield's own "Washington-stopped-here" houses, as well as industrial sites where thousands were employed in the 1940s. The informative and entertaining program was created by the Bloomfield Bicentennial Historical Research Committee as a bus tour. Now, tour-takers can sit back and enjoy a virtual tour through a slide show of historic photographs sourced from the archives of the Historical Society and prepared by local historian Richard Rockwell.

Refreshments will be served. For more information: [www.hsob.org](http://www.hsob.org), (973) 743-8844, [info@hsob.org](mailto:info@hsob.org). ❁

## **Historical Society newsletter awarded**

The Historical Society of Bloomfield was awarded a Kevin M. Hale Publication Award from The League of Historical Societies of New Jersey for its tri-annual newsletter, "The New Town Crier."

The winning edition was a retrospective on activities organized for Bloomfield's Centennial (1912), Sesquicentennial (1962) and Bicentennial (2012) celebrations. It was researched and written by newsletter editor Ava Caridad, and HSOB President Jean Kuras accepted the award.

"The New Town Crier" is free to HSOB members and to visitors of the HSOB Museum located on the third floor of the Bloomfield Children's Library, 90 Broad St.

For information on HSOB membership or upcoming meetings, call (973) 743-8844, e-mail [info@hsob.org](mailto:info@hsob.org) or visit [www.hsob.org](http://www.hsob.org). The membership form is available online. ❁

## **A 1933 snapshot of our town**

"With a population of only 38,000, many of them commuters, [Bloomfield] embraces some forty industries, large and small, which run the gamut from safety pins and horse-radish to books, electric lights, and woollens." — *From a May, 1933 National Geographic article titled "New Jersey Now!"* ❁

# Former Civic Band tuba player, Frank Ortega, becomes the band's director

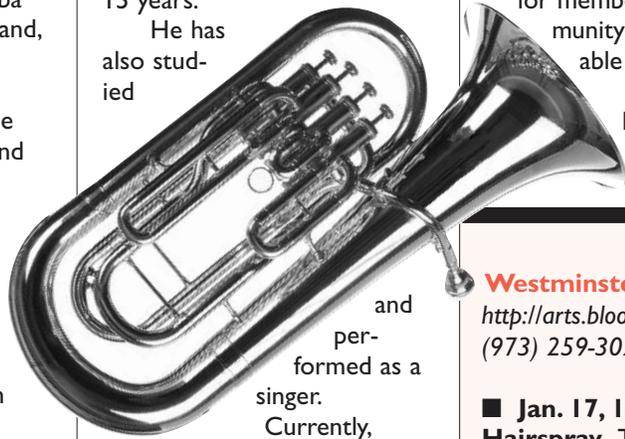
Two decades ago, during Frank Ortega's high school and college years, he played tuba for the Bloomfield Civic Band, under long-time director Dominick Ferrara. He had known since age 12 that he aspired to be a musician and band director.

Now, two advanced degrees, a fellowship, and music teaching certificate later, it's Ortega holding the baton for the Civic Band, directing more than 40 musicians who perform seven concerts a year.

Ortega comes to the band with world-class performance and teaching credentials. He has played tuba (and a little bass trombone) with the San Francisco Concerto Orchestra, the Napa Valley Symphony, and New York's Chelsea Symphony, to name a few. He has recorded numerous CDs and held

instrumental teaching positions in public schools for the past 15 years.

He has also studied



and performed as a singer.

Currently, Ortega is the instrumental music director at Saddle Brook Middle/High School where he teaches the marching band, two concert bands, two jazz bands, and chamber ensembles.

With the Civic Band, "So far, I'm trying to keep things pretty consistent," said Ortega. Given the long tenure of

former Director Dominick Ferrara, "I think it's important for members and the community to feel comfortable with the change."

He adds, "I do hope to create exciting and

innovating concerts through programming." The band's upcoming concert, "What's Next," will be a mix of music from 1900 to the present. Also coming up is a competition for young composers. ❀

## The Arts Scene

### Westminster Arts Center

<http://arts.bloomfield.edu/>  
(973) 259-3020, x1279

■ **Jan. 17, 18, 19 – Hairspray.** The musical based on John Waters' 1988 film, features 1960s-style dance music and "downtown" rhythm and blues. General admission is \$15, students \$12. Friday and Saturday performances are at 8 p.m. with a Sunday matinee at 3 p.m. Details at [www.njactors.org](http://www.njactors.org).

■ **Feb. 21, 22, 23 - Sunday in the Park with George.** 4th Wall Theatre will present a concert version of a complex work revolving around fictionalized painter Georges Seurat, immersed in his masterpiece. The second act leaps forward 100 years to examine how the struggles of creative people are often tied to other people's expectations. Details at [www.4thwalltheatre.org](http://www.4thwalltheatre.org).

■ **Mar. 21 - Viva Flamenco.** Details at [vivaflamenconj.com/](http://vivaflamenconj.com/).

■ **April 4-6, and April 11-13 - Anything Goes.** Enjoy Cole Porter's musical love triangle set aboard an ocean liner. Presented by MOC Musicals, [www.mocmusicals.org](http://www.mocmusicals.org).

■ **Bloomfield Civic Band**  
[www.bloomfieldcivicband.org](http://www.bloomfieldcivicband.org) •  
(973) 338-8140

■ **Sunday, March 16, 3 p.m.** "What's New? Music for the Concert Band from 1900 to Present."

■ **Saturday, May 10, 3 p.m., "Jazz in the Concert Hall."**

Both concerts will be performed at Bloomfield Middle School, 60 Huck Road.

### Oakeside Cultural Center

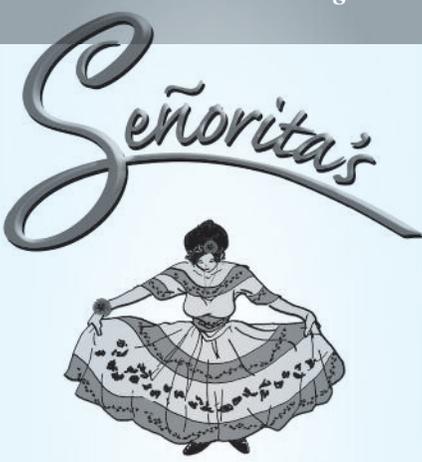
[www.Oakeside.org](http://www.Oakeside.org)  
(973) 429-0960

■ **Leprechaun Lunch.** Children ages 3 to 9 will participate in arts and crafts and enjoy mini-Reubens, drinks and dessert. Miss Roseanna's School of Dance will demonstrate Irish dancing. Saturday, March 15 at 12 noon, \$15 per person.

■ **Taste of Bloomfield.** The eighth annual event takes place Sunday, April 6, from 4 p.m. to 6 p.m. Sample signature dishes prepared by restaurants in Bloomfield and the surrounding area. Tickets: \$25 in advance, or \$30 at the door. A cash bar will be available.

■ **Brunch with the Easter Bunny.** Children ages 3 to 9 create a craft project, get photographed with the Bunny, and receive a balloon and a special treat. The fun takes place on Saturday, April 12 with seatings at 10 a.m. and 1 p.m. Cost: \$15 per child and \$12 per adult.

Reservations are required for the Leprechaun and Bunny events, and must be paid within five days of booking. Children must be accompanied by an adult. No refunds on paid reservations. ❀

<p>Best Mexican <i>AOL City's Best</i></p>	<p>★★★★ Four Stars <i>Star-Ledger</i></p>	<p>Best Mexican in North Jersey <i>NJ Monthly Reader's Choice</i></p>
 <p style="font-size: 2em; font-family: cursive;">Señorita's</p> <p style="font-size: 1.5em; font-weight: bold;">Mexican Grill</p>		
<p>Senorita's Mexican Grill and Bar continues to raise the standard for Mexican cooking in New Jersey. Find out what everyone is talking about: innovative Mexican dishes and authentic favorites. The right combination for an incredible dining experience! Come and get your piece of Mexico, just south of Bloomfield!</p>		
<p>Enjoy our <b>Upstairs Sports Bar!</b> Best Specials - Sunday NFL games. More great specials every game day!</p>		<p>285 Glenwood Avenue Bloomfield, NJ 07003 Ph: (973) 743-0099 Fx: (973) 743-4461</p>

### Chronic disease frequency and more reported in Bloomfield health survey

Hundreds of adults in Bloomfield, Glen Ridge and Caldwell townships participated last spring in a random survey of public health — part of the effort by the Bloomfield Department of Health and Human Services to achieve national certification. (The department serves all three communities.)

Data collection and analysis (paid with grant funds) was contracted to Montclair State's Center for Research and Evaluation on Education and Human Services.

The findings included the following:

#### Mental Health and Social

**Concerns** - In 7 out of 10 interviews, homelessness and alcohol/drug abuse were ranked as the top health issues. Mental health concerns, such as anxiety and depression, ranked second.

**Personal Health Rating** – On a scale of 1 to 5, with 1 being very unhealthy and 5 being very healthy, 0.8% to 1.0% of adults reported being in the unhealthy/very unhealthy range. That compares with 13.5% to 15.2% of adults who responded to a statewide survey in 2009.

**Diagnosis of Chronic Disease** – 44% of respondents reported one or more chronic diseases in the household. High blood pressure was number one in all three towns. Bloomfield also reported highest in diabetes, asthma and lung disease.

**Nutrition and Physical Activity** – 83% reported eating fewer than five servings per day of fruits and vegetables, but most acknowledged that 6 to 11 daily servings would be optimum.

**Health Service Access** – Respondents reported between 94.5% and 99% ability to access general health services. For childhood vaccinations, access was between 94% and 96.4%; for dental services, 88.5% to 94%. In Bloomfield, 11.5% of respondents reported no access.

**Barriers to Health Services** – Lack of money and lack of knowledge about free services were the most highly reported barriers.

To view the complete community health assessment, go to [www.bloomfieldtnj.com/health/2013-community-health-assessment](http://www.bloomfieldtnj.com/health/2013-community-health-assessment). ❁



### Upcoming Nursing Programs

(973) 680-4058 • [www.bloomfieldtnj.com/health/public-health-nursing](http://www.bloomfieldtnj.com/health/public-health-nursing)

◆ **Flu Shots** are still available at no cost with traditional Medicare. For all others, the cost is \$25. Vouchers for free flu shots at Walgreens are available for those 19 and older with no insurance. Shots also are available for uninsured or underinsured children and teens, ages 6 months through 18 years.

#### ◆ Free Blood Press Screenings

• First and third Thursday, every month, Nursing Office, 9:30-10:30 a.m.

• Fridays, Jan. 17, Feb. 21, Mar. 21, April 25, 11:30 a.m. to 12:30 p.m., Civic Center, 84 Broad Street.

(Watchung Presbyterian and New Light Baptist no longer hold blood pressure screenings.)

#### ◆ Adult Vaccines. Every Monday

from 10 a.m. to 3 p.m., people age 19 and older can get needed vaccinations, including hepatitis A, hepatitis B, tetanus, whooping cough, measles, mumps, rubella, shingles, human papilloma virus, pneumonia, chickenpox and meningitis. Cost: \$15 one-time registration fee, plus \$10 per visit.

#### ◆ Child and Adolescent

**Vaccines.** Vaccinations are administered most Wednesdays at 9:30 a.m. The cost is \$10 per child for registration (first time only), plus \$10 per visit thereafter. Available to children ages 2 months through 18 years, uninsured or underinsured with no coverage for immunization.

◆ **Urinalysis Screening.** Jan. 10 and April 11, 10-11 a.m. Cost: \$10. Immediate results.

◆ **Bone Density Screening.** Jan. 24 and Mar. 25, 10 a.m. to noon. Cost: \$10 for those 55 and older; \$12 for all others.

◆ **Smoking Cessation.** Jan. 30, 4-6 p.m. in the Bloomfield Emergency Squad conference room. Get free expert advice on staying smoke-free. Call to register.

◆ **Vision Screening.** Jan. 31, 9 a.m. to 1 p.m. Free.

◆ **Men's Health Program.** Feb. 4 at 5 p.m. Free program for uninsured men age 50 and older; African-American men age 45 and older.

◆ **Waist Circumference and Body Fat Analysis.** Feb. 13, 10 a.m. to noon. Cost \$5.

◆ **Diabetes Screening.** Feb. 14, 10-11 a.m. Cost: \$10. Fasting not necessary.

◆ **Lipid Panel Profile Screening.** Mar. 7, 10-11 a.m. Cost: \$20. Screening includes cholesterol, HDL, LDL, triglycerides, cholesterol/HDL ratio. Fasting not required.

◆ **Pap Smear, Mammography.** Mar. 13, starting at 8:30 a.m. Free for uninsured/underinsured women age 40 and older.

◆ **Blood Chemistry and PSA.** April 10, 8-10 a.m. Tests include blood chemistry, \$25; PSA (for men), \$35; blood type, \$15; C-reactive protein, \$25; hemoglobin, \$20; Vitamin D, \$35; hepatitis, \$30. Pre-registration is required.

◆ **Blood Drive.** On April 15, from 3-8 p.m., the New Jersey Blood Center mobile van will be at Town Hall for blood donations. Call for an appointment.

◆ **Stroke Screening.** April 29, 10 a.m. to noon. Cost: \$25, age 55 and older; \$30 for all others. Screening includes cholesterol, glucose, blood pressure, and carotid artery assessment conducted by a physician. ❁

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**[www.XCELfcu.org](http://www.XCELfcu.org)**

Established in 1964. Originally located in the World Trade Center,  
now headquartered in Bloomfield, N.J.

## Municipal Directory

Dial 680 + 4-digit no.

Town Hall (Room #)

Administration, 4006 (R-209)  
Animal Control, 4024 (R-109)  
Animal Shelter, 748-4041  
Assessor (Tax), 4021 (R-108)  
Board of Education, 8500  
Building Dept, 4054 (R-105)  
Clerk's Office, 4015 (R-214)  
Community Dev, 4188 (R-200)  
Court/Violations, 4078  
Emergency Squad, 6788  
Engineering, 4009 (R-203)  
Finance, 4038 (R-108)  
Fire Dept., 4153  
Health Dept, 4024 (R-109)  
Human Svcs, 4017 (R-213)  
Info Systems, 4670 (R-203)  
Law Dept, 4066  
Library, 566-6200  
Mayor & Council, 4077 (R-209)  
Nursing, 4058 (basement)  
Office of Emerg Mgmt, 4177  
Parking Authority, 8960  
Personnel, 4039 (R-108)  
Police Dept., 4141  
Public Works, 4127, x400  
Recreation, 743-9074  
Tax Dept, 4049 (R-106)  
Water Dept, 4051 (R-106)  
WBMA TV, 4122  
Zoning, 4012 (R-203)

### YOUR ELECTED OFFICIALS:

Mayor Michael Venezia

Council Members

- 1st Ward, Elias N. Chalet
- 2nd Ward, Nicholas Joanow
- 3rd Ward, Carlos Bernard

Council Members At-Large:

- Wartyna "Nina" Davis
- Joseph Lopez
- Carlos Pomares

**Bloomfield BUZZ**

is edited and designed by  
Robin Patric.

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**Bloomfield BUZZ**

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Click on "Business Directory"  
for updates as new stores arrive