

# BMAC: Bloomfield Municipal Alliance Committee



## Minutes for Bloomfield Municipal Alliance

This March 18, 2021 regular (quarterly) meeting of the Bloomfield Municipal Alliance is called to order. Public Notice of this meeting in compliance with the Open Public Meetings Act was given by public notice appearing in *The Bloomfield Life* and posted on the public bulletin board in the Municipal Building and Health Department website. Public comments on matters of public health or any item on the Agenda shall be called by the chair prior. Individual comment will be limited to five minutes per person. Citizens who desire to address the alliance with more detailed comments are asked to do so in writing, one week in advance to allow the committee to become familiar with the subject. The public shall not be recognized at other times than those called for herein.

### **I. Roll Call**

|                                   |                |
|-----------------------------------|----------------|
| <b>Christopher Jennings</b>       |                |
| <b>Carol Manning</b>              | <b>Present</b> |
| <b>Karen Lore</b>                 | <b>Present</b> |
| <b>Frank Grauso</b>               |                |
| <b>Rev. Joel Hubbard</b>          | <b>Present</b> |
| <b>Judy Fischman</b>              | <b>Present</b> |
| <b>Paula Peikes (Chair)</b>       | <b>Present</b> |
| <b>Sarah Cruz</b>                 | <b>Present</b> |
| <b>Shakira Drones</b>             | <b>Present</b> |
| <b>Dina Pressel (Coordinator)</b> | <b>Present</b> |
| <b>Michael Scurman</b>            | <b>Present</b> |
| <b>Jody Polidoro</b>              |                |

### **II. Approval of previous meeting minutes from December 15, 2020 meeting**

Voted to approve 12/15/2020 meeting minutes.

**III. Budget**

- **FY 2022 (July 1, 2021 to June 30, 2022)**  
Still waiting on information from County Alliance Coordinator
- **Updated FY 2021 (Oct 1, 2020 to June 30, 2021) Budget**  
Described minor changes to budget. There were no questions/comments from any committee members.

| PROGRAM                              | DEDR AWARD TOTAL | DEDR                   |                 |                   | CASH MATCH      | IN-KIND         | PROGRAM TOTAL    |
|--------------------------------------|------------------|------------------------|-----------------|-------------------|-----------------|-----------------|------------------|
|                                      |                  | PERSONNEL/TWP EMPLOYEE | CONSULTANT      | OTHER DIRECT COST |                 |                 |                  |
| Alliance Coordination                | 1,518.75         | 1,500.00               | 0.00            | 18.75             | 1,606.25        | 0.00            | 3,125.00         |
| Summer Prevention/Enrichment Program | 0.00             | 0.00                   | 0.00            | 0.00              |                 | 0.00            | 0.00             |
| Mental Health Programming            | 7,000.00         | 0.00                   | 3,950.00        | 3,050.00          |                 | 0.00            | 7,000.00         |
| DARE                                 | 1,606.25         | 0.00                   | 0.00            | 1,606.25          | 925.00          | 7,593.75        | 10,125.00        |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
|                                      | 0.00             |                        |                 |                   |                 |                 | 0.00             |
| <b>TOTAL EXPENSES</b>                | <b>10,125.00</b> | <b>1,500.00</b>        | <b>3,950.00</b> | <b>4,675.00</b>   | <b>2,531.25</b> | <b>7,593.75</b> | <b>20,250.00</b> |

**IV. Programming**

- **NJPN Conference (THUR, APRIL 29 & FRI, APRIL 30)**  
In appreciation for your participation and contribution to the community related to BMAC and substance abuse prevention, and in the interest of staying informed of current trends and prevention strategies, we'd like to offer committee members the opportunity to attend this live virtual event on **April 29 and 30, 2021**. It's the largest statewide gathering of New Jersey professionals in the field of addiction:

**NJPN 21st Annual Addiction Conference: Renew • Recover • Resilience**

<https://www.njpn.org/2021-conference>

Registration Includes: access to all live and recorded workshop sessions through December 2021. Will be open to all registered attendees and will be recorded—choose

to watch any live event on April 29 & 30 and return to watch all sessions through December 2021.

- **Collaboration with Bloomfield Public Library**

- Addiction resources (books, DVDs, ebooks) have been ordered
- Collaborated to create a series of addiction-related presentations titled Be Part Of The Solution: Get Help To Prevent & Treat Addiction.
  - February 12: Addressing the Opioid Epidemic: A Primer on Opioid Addiction, Overdose Management, and Medication Assisted Treatment
  - March 19: Prevent Opioid Overdose, Save Lives – Naloxone Training (another Naloxone Training to be added in April)
  - Upcoming:
    - April: Lucio Volino, Pharm.D: Seniors & Medication Misuse
    - June: Warning signs of teen drug abuse (including vaping) and treatment information for parents/guardians

- **Bloomfield High School Crisis Counselor/Kind Klub**

Possible events this Spring

- **Bloomfield Student Athlete Town Hall Event (Virtual) - April 29 @ 6pm**

We're joining ADAPT and the Essex County Prosecutor's Office to provide an opportunity for our community to learn more about preventing opioid misuse/abuse among student athletes and adults with chronic pain. Will include 2 local speakers: Dr. Mehta (Board Certified Pediatrics and Sports Medicine) & Carli McMorrow (Athletic Trainer)

- **Bloomfield Municipal Alliance Committee Website**

<https://www.bloomfieldwpnj.com/290/Bloomfield-Municipal-Alliance-Committee>

Update/reorganize to include listing of addiction resources, social media posts, upcoming events & fliers, etc.

V. **Social Media Posts (since previous December, 2020 meeting)**

- Parents, not sure how to prevent drug or alcohol use? Or what to do if you suspect or have discovered substance use?

<https://drugfree.org/prevention-and-taking-action-early/>

We have the science- and research-backed information to help you help your child.

Recursos en Español Usted no está solo! Muchas familias están pasando por lo mismo que usted está pasando, enfrentándose al uso de drogas o alcohol de su hijo o hija, y estamos aquí para ayudarle.

- Sober Apps: New Tools to Help Those in Recovery

Addiction counseling, in-person [or virtual] meetings, new hobbies – all of these activities are used by those in recovery. You can now add smartphone applications (apps) to this list. This technology is now being used by many as a tool to help an individual maintain their recovery.

<https://www.getsmartaboutdrugs.gov/news-statistics/2017/06/09/sober-apps-new-way-help-those-recovery>

- Addressing the Opioid Epidemic: A Primer on Opioid Addiction, Overdose Management, and Medication Assisted Treatment

**Please join us for this informative Zoom presentation on February 12 at 2PM**

- **VAPING: What Families Need to Know to Help Protect Children, Teens and Young Adults.** Learn what the research says, the concerns about use, and how to have difficult conversations.

Click here: [Vaping: A Guide for Parents](#)

- **March 19th at 2pm: *Prevent Opioid Overdose, Save Lives (Free Naloxone Nasal Spray Kits Shipped To All Attendees)***

## VI. Additional Discussions

- BMAC welcomed guest, Katharine Mauro (Health Educator). Katharine introduced herself and described her focus on vulnerable populations. Katharine expressed interested in the upcoming Town Hall Event, as well as any other potential opportunities for partnership.
- Karen suggested a session/community conversation on the legalization of marijuana, which would be of interest to many.

- Karen discussed the May 2<sup>nd</sup> Bike/Walk Event and that there may be an opportunity to incorporate BMAC.
- Paula extended the invitation to all committee members to call/email Dina with ideas or projects to promote addiction prevention in the community.

BMAC... **Think Different** ...Think Prevention

